



# MASFAP December 2018 Communication

## 2018 Year-In-Review



Dear MASFAP Family,  
People always say that time flies, especially when you become MASFAP President. Yes! I concur that time has flown. I knew it would, I just did not realize how fast it would! Thankfully, the MASFAP village is absolutely amazing!

Together we accomplished

many things in 2018 and no matter what your contribution; you have been an integral part of our association.

I am happy that many of you were able to join us for the Keep It Real conference. In our profession, we seem to go, go, go and rarely slow down. I hope you were able to feel my vision of 'taking care of yourself' and not only walked away with relevant information regarding the work that we do, but also meaningful insight regarding how you can be your best self. There is a Christian song that I love, called Breathe by Johnny Diaz. To give you just a glimpse, imagine the following two verses with a fast tempo and the beat of the refrain slowing down. Better yet, I would encourage that you listen to the full song.

Alarm clock screaming bare feet hit the floor  
It's off to the races everybody out the door  
I'm feeling like I'm falling behind, it's a crazy life

Ninety miles an hour going fast as I can  
Trying to push a little harder trying to get the upper hand  
So much to do in so little time, it's a crazy life  
It's ready, set, go it's another wild day  
When the stress is on the rise in my heart I feel you say just

Breathe, just breathe  
Come and rest at my feet  
And be, just be  
Chaos calls but all you really need  
Is to just breathe...

I hope that each of you take a few moments to breathe and enjoy the holidays!

Kerry Hallahan, 2018 MASFAP President  
Signing off!



*Warmest Holiday Wishes  
to  
You and Your Family*

*As we close out 2018, we are grateful to all our members.*

Your commitment to MASFAP and to students is a true gift.

**Looking forward to an amazing  
2019!**



## MASFAP Scavenger Hunt Videos!

For those that participated in MASFAP's Scavenger Hunt at the annual conference, here is the link to view team videos: <https://www.youtube.com/playlist?list=PL3WY3n3wT4pQU55gkOP2RkwJ-vGbj8Eyd>

PS—videos are posted as private so you can only access them through the link.



*Hope. Family. Future.*

November 15, 2018

Dear MASFAP Membership:

On behalf of the scholars and Advisory Board of Ava's Grace Scholarship Program, we would like to thank the conference attendees of the 2018 Missouri Association of Student Financial Aid Personnel (MASFAP) for your amazing and gracious support of our scholarship program! We'd like to also thank our gracious and committed partner, the Missouri Scholarship and Loan Foundation, for the matching funds they contributed to the dollars raised at the Cosmic Bowling event!

At Ava's Grace, we provide scholarships up to \$5,000 to students who have experienced parental incarceration and who have dreams of pursuing higher education. Recipients may enroll at technical, bachelor's, or associate degree programs at accredited, non-profit post-secondary institutions anywhere in the United States. To date we have supported 40 students on their path to higher education and have committed \$800,000 in scholarships since 2010. At the end of this year, we'll have 9 graduates!

The work you do as financial aid advisors is so very important to our students. We appreciate the opportunity to talk to you about Ava's Grace and look forward to working with many of you in the future!

Thank you again for your generous support – the MASFAP 2018 conference raised a full, one-year scholarship in ONE evening!

With gratitude,

A handwritten signature in black ink that reads "Stephanie Regagnon". The signature is fluid and cursive, with a long, sweeping tail on the final letter.

Stephanie Regagnon  
Founder

Ava's Grace Scholarship, a program of the Scholarship Foundation of St. Louis  
[www.avasgrace.org](http://www.avasgrace.org)